



# X1 ELLIPTICAL SELECT SERIES

- Total body workout
- Natural 18" stride length and true elliptical motion reduces joint stress
- Slip-resistant large pedals for added security
- Ergonomically spaced foot pedals for enduring comfort
- Integrated reading material holder for added convenience
- Integrated contact heart rate sensors
- 12 Built-in programs including Manual, Preset, and Custom
- Blue backlit LCD matrix window displays speed, distance, time, calories, resistance and pulse



## SPECIFICATIONS

RESISTANCE: 120V/60Hz Power Supply

SYSTEM: Magnetic Resistance

DESIGN: Rear drive, compact elliptical

STRIDE LENGTH: 18"

LEVELS: 16

HANDLEBARS: Multi-grip ergonomic handlebars

PEDALS: Oversized slip resistant pedals

FRAME: Steel frame

CONSOLE: Blue backlit LCD display w/heat sensitive keys

DISPLAY: LCD displays speed, distance, time, calories, resistance, and pulse

SAFETY & CONVENIENCE: Integrated reading rack, contact heart rate

PROGRAMS: 12 programs, including Manual, Preset, and Heart Rate Control

HOME WARRANTY: Lifetime Frame Warranty, 5 Year Parts Warranty, 1 Year Labor Warranty

MAX USER WEIGHT: 300lbs.

UNIT WEIGHT: 133lbs.

UNIT DIMENSIONS: 62.6"(l) x 26.8"(w)